



dGroup Guide

ANT Killer | Pastor Miles McPherson | March 22, 2020

D12 Monthly Focus for March: *Nurtures a burden for lost people.*

1. Opening Prayer

- Share prayer requests
- Pray together (thank God for something, pray for others, and pray for self)

Recite the Do Something Disciple Prayer

“As a Do Something Disciple, I am in a disciplined pursuit for the heart of The Father, a heart that is being perfected in love for God and people.

Father give me a heart that:

- Desperately seeks face-to-face intimacy with You.
- Faithfully avoids that which displeases You.
- Humbly embraces a Kingdom Mindset.
- Values making disciples that make disciples.

Jesus, create in me a heart that:

- Values being guided by the Word of God.
- Gratefully grows in generosity.
- Nurtures a burden for lost people.
- Demonstrates a commitment to a Spirit-filled expression of my gifts.

Holy Spirit develop a heart in me that:

- Gracefully gives and receives forgiveness.
- Passionately worships God.
- Is dependent on the power of prayer.
- Serves with Humility.

"Father, with Christlikeness as my goal and the Holy Spirit as my Guide, knit my heart with Yours. Fill my heart with Your passions, motivations, and desires. In Jesus' Name, Amen."

2. Review

- **Monthly Memory Verse: 1 Peter 3:15 NKJV** *“But sanctify the Lord God in your hearts, and always be ready to give a defense to everyone who asks you a reason for the hope that is in you, with meekness and fear.”*

Monthly D12 Attribute: *Nurtures a burden for lost people.*

- Share how you are applying it in your life.

3. Discussion Time

- Begin with key insights from your daily journal and allow the Holy Spirit to guide your discussion.
 - What is the Holy Spirit teaching or revealing to you?
 - What is a current challenge you are dealing with?
 - What step will you take to be more obedient to him?
 - What help do you need?
 - Who will you share your faith with this week?

4. Review the Sunday Sermon notes

On Sunday 3/22, Pastor Miles opened his sermon describing how he loves sleep! He described the process of sleep through the lens of our sleep cycle which is called Rapid Eye Movement or the REM cycle (see - https://en.wikipedia.org/wiki/Rapid_eye_movement_sleep). If you have ever woken from a dream and you could not move you were probably experiencing what is called REM paralysis. When we continually listen to the automatic negative thoughts or “ANTS” running through our minds, we can experience “paralysis” in our lives. In order to overcome this “paralysis,” we must trust in God and reflect on what the Bible says to overcome our negative thoughts.

5. Closing Prayer

- Share prayer requests and pray for each other.

This Week’s Bible Reading / The Bible Project Videos

Ruth 1-4: <https://bibleproject.com/explore/ruth/>

1 Samuel 1-13: <https://bibleproject.com/explore/1-samuel/>

Psalms 37-41: <https://bibleproject.com/explore/psalms/>